

"LENT IS NOT FOR SISSIES!"

Pastor's Message

Dear Fellow Disciples,

Are you ready for a challenge? A real spiritual challenge? If so, then you're about to get what you're looking for!

On February 22, Ash Wednesday, we enter into the season of Lent, along with millions of other Christians in the Western church. I love Lent, and I'm challenged by Lent! Those 40 days (not counting Sundays) between Ash Wednesday and Maundy Thursday have often been both the most meaningful and the most challenging season of the church year. And maybe for the same reasons...

I love Lent. I love Lent because the season invites me to enter more deeply into the mystery of God's love, poured out in Christ. And what greater and more life-giving invitation could there be than that? I love Lent because it prepares me to more fully embrace those powerful stories of Holy Week and Easter that are at the center of our faith. I love Lent because, with that invitation, God welcomes me into *exactly* the life I need!

And, at the same time, I'm challenged by Lent. I'm challenged by the invitation to enter more deeply into the mystery of God's love. I'm challenged by the invitation to let the story take hold of me, take root in my life, and—gasp—transform me, change me.

And that's why Lent is not for sissies! It takes an attitude of humility and faith to respond to God's invitation to live in and from a new reality—the reality that God is making the creation new, and the pathway to newness leads squarely through death!

This is the good part: in Jesus, a death has taken place that transforms all things, as his powerful resurrection makes abundantly clear!

And this is the hard part. And this is what makes Lent a spiritually challenging season, a call for rigorous response. This is why I'm claiming that "Lent is not for sissies": it took a death to bring new life—and we follow the one who died.

There are things that need to die in us so that God's reign can blossom and grow in our lives. For that reason, Lent is a time for rigorous self-examination, with the intention that we will be invited by our merciful God to let go of that which gets in the way in our relationships with God, others, and creation. This is hard work—and this is important work.

This is why Lent is a time dedicated to repentance (turning back to God), supported by intentional disciplines of prayer, fasting (sometimes called "giving up something for Lent"), and acts of generosity and love.

So, if you agree with me that "Lent is not for sissies" and want to deepen your walk with Christ, let me offer these questions for your reflection:

- What do I need to let go of so that my relationships with God, others, and creation can be deepened?
- What new or deeper prayer practice will strengthen my relationship with God?
- What Lenten fast will draw me closer to God?
- What acts of generosity and love will express my faith in the God of death and resurrection?

Blessed Lent, people of God!

Journeying with you,

Pastor Rick Thompson



Education, Youth & Family

Adult Education

SUNDAY Mornings

9:30am Bell Choir Room

February 19

Lent Is Not for Sissies!"

Come, prepare to enter into Lent, which begins on Ash Wednesday, February 22, with intention. We'll take a brief look at the history and spiritual practices of Lent that make this both a deeply challenging and deeply meaningful season of the church year. Our time will include exposure to various spiritual disciplines.

Leader: Pastor Rick

February 26

Inside Mecca

Presenter: Tina Brown

March 4, 11 & 18

H.O.P.E.

Healthy Outreach Personal Empowerment Domestic Violence Information

Presenters: Jackie Johnson, Barb Suder,
Jennifer Kimball, Pastors Rick & Michael

MONDAY

Women's Evening Bible Study (WEBS)

Mondays, twice a month

Feb 27, March 12, 26 Fellowship Hall 7:00 P.M.

The Gospel of Mark

Feb 27 – Lesson 9, Part 2 "Triumphal Entry and Rejection" Mark 11:1 – 12:44

March 12 – Lesson 10 "Jesus' Preparation for his Death" Mark 13:1 – 14:26

March 26 – Lesson 10, Part 2 "Jesus' Preparation for his Death"

We invite all women to come and join us for study, discussion, prayer time, and refreshments. If you want a study guide or have questions call Pat Mohrbacher, contact info via church office.

Women's Morning Bible Study

March 20th 9:30am Fellowship Hall

Topic: "Rising Expectations"

"Heaven and earth will pass away
but my words will not pass away"

Mark 13:31

Coffee & Snacks will be served

All are Welcome!

HOLY SHEPHERD BOOK CLUB

March 20th 7:00pm Library

Book Selection:

THE MADONNAS OF LENINGRAD by Debra Dean

A novel that is both a searing portrait of wartime in the Soviet Union and contemporary America told by Marina, an elderly Russian woman. A tale that is gripping, touching and heartbreaking.

Leader: Shirley Bradsby

WEDNESDAY Evening

Wednesday Night Life Adult Classes

6:30 - 7:30pm Library

Faith issues are explored through video tapes and discussion.

February 22 – April 4 - Lenten Worship (no class)

THURSDAY Morning

Lectionary Bible Study

8:30 – 10:00am

Multi-purpose Room

Discuss & Study the upcoming
Sunday lectionary readings.

Leader: Pastors Rick & Michael

SATURDAY Morning

Men's Bible Study & Breakfast

Saturdays, 8:00am Fellowship Hall

Leader: Dennis Jacobson

Studying the books of Joshua and Judges, focusing on the theme "Be strong in the Lord and the power of His might." These two action-packed old testament history books present exciting and important stories of women and men of faith including Joshua, Rahab, Gideon, Deborah, and many more.



Healing Worship

Saturday, March 17th, 5:30pm &
Sunday, March 18th,
8:00am & 10:45am

We gather as broken people dependent on God's healing and life giving presence in our lives. The weekend of March 17th & 18th worship will be offered for healing and prayer. We will embrace the gift of healing in many aspects of our lives: physical, emotional, spiritual, and relational, that are desired in our lives.

We pray that this time of worship will open our lives to the healing presence throughout our entire personal lives and the life in which we share together

Education, Youth & Family



Wednesday Night Life

Growing in God's Family

4:45– 9:00pm

WNL is a midweek gathering that will strengthen your body and spirit with food, fellowship, education and song.

Everyone is welcome!

NO WNL February 22

Ash Wednesday

Lenten Schedule Feb. 29 – March 28

4:45 – 5:30	Prime Time Choir
5:15 – 6:00	Handbell Choir
5:30 – 6:20	Dinner
6:00 – 6:30	Kids of the Kingdom Choir Age 3 – 2 nd Grade
	Kids For Christ 3 rd – 6 th Grade
6:30 – 7:00	<i>Worship</i>
7:00 – 7:45	Confirmation
7:00– 8:30	Chancel Choir



Jenny's Diner

Soup Suppers

(Each week: 2 homemade soups, Salad, Bread plus canned chicken & tomato soup, no dessert)

February 29

Taco Soup
Cheddar Broccoli

March 7

Cream of Wild Rice
Tomato Bisque

March 14

Chicken Noodle
Cheesy French Potato

March 21

Garden Minestrone
Chicken Tortilla

March 28

TBD

Scholarships Available

Students pursuing a post-high school education are encouraged to apply for a scholarship from the Holy Shepherd Aid Fund - \$500.00 (All schools) or \$1000.00 (ELCA Colleges only). Applications are available in the office and must be returned by May 6th. Scholarships will be given out in August. Please contact Karen Novess at 303.233.2740 if you have any questions.

YOUTH CALENDAR



SR. HIGH YOUTH GROUP

Devotions, Fellowship, Service Work

Take a break from your studies to continue to grow in faith as we CONNECT with God and one another.

Calendar

- **Sunday, February 26th 9:30 – 10:30am**
Sr. High Youth Room Leader: Pastor Michael
Jr. & Sr. High Class. We will be studying the upcoming Lent readings based on the theme "Dying & Living the Promise". We will then respond to these readings through the Art of Photography throughout the Lenten season. Nick TeKrony will help guide us on our photo journey.
- **Wednesdays, Feb. 29, March 7, 14, 21, 28**
7:00 – 8:00pm Applebee's
Lenten Study Continued:
"Dying & Living in the Promise"
Meet in the Narthex following worship and we will carpool to Applebee's.
- **March 10 (8:00am) – 11 (1:00pm)**
30 Hr. Famine Weekend (see below)



Middle School Youth

Sunday Mornings & Monthly Activities

Calendar

- **Sunday, February 26th 9:30 – 10:30am**
Sr. High Youth Room Leader: Pastor Michael
Jr. & Sr. High class – see info in Sr. High Calendar
- **March 10 (8:00am) – 11 (1:00pm)**
30 Hr. Famine Weekend (see below)
- **Sunday, March 18 9:45am Jr. High Youth Room**
Lenten Bible Study continued:
"Dying & Living in the Promise"



Jr. & Sr. High Event

March 10 (8:00am) – 11(1:00pm)

When our youth learn more about hunger and poverty, raise money to help those in need, and go without food for 30 hrs., their whole perspective changes. We ask that you support the youth as they take this challenge to love our neighbors through compassion, sacrifice and selfless love. The funds collected during worship that weekend will be given to World Vision who will distribute the funds around the world to those in need.



Dear Family of Holy Shepherd, we want to thank you so much for the support you had shown us at the time of the deaths of Bruce's parents and Bruce's most

recent back surgery.

We couldn't have gotten through those times without your support.

Bruce & Susan Benson

Dear Pastor Rick, Pastor Michael, and all of our Holy Shepherd Family, Thank you so much for all that you did to help make Lilian's baptism such a special time. The gifts provided by the congregation are such a blessing and wonderful keepsakes for Lily to have as a reminder of her baptism. We are so fortunate to belong to such a caring church community. Thank you again!

Nathan, Natalie, Faythe, Ava & Lilian Payant



A shout out to all photographers

A new group is forming.

A group of photographers of all abilities will be gathering together to share their passion of photography with one another, Holy Shepherd and who knows where. We will be gathering for the very first time on Saturday, March 10 at 1pm, at Holy Shepherd. Our goal that day will be to explore, plan, take photos around and in the building, and have a great time sharing our passion for photography. Invite a friend and bring your cameras and your passion, eager to grow together in Christ.



Attendance January 2012

5:30pm 8:00am 10:45am Total

1-01-12	46	9:00am/111	157
1-08-12	44	79	121
1-15-12	26	125	116
1-22-12	88	82	117
1-29-12	99	60	129
			288



PRIME TIME NEWS 55+

AGE IS A FUNNY THING !

Do you realize that the only time in our lives when we like to get old is when we are kids? If you are less than 10 years old, you're so excited about aging that you think in fractions. "How old are you?"..."I'm 4 and a half."

You're never 36 and a half, but you are 4 and a half going on 5. That's the key. You get into your teens, now they can't hold you back. You jump to the next number..."How old are you?"..."I'm gonna be 16." You could be 12, but you're gonna be 16.

And then the greatest day of your life happens, you become 21. Even the word sounds like a ceremony. Then you turn 30. Ooohhh, what happened here? Makes you sound like bad milk. He TURNED... We had to throw him out. There's no fun now. What's wrong? What's changed?

You BECOME 21, you TURN 30. You're PUSHING 40...stay over there, it's all slipping away. You BECOME 21, you TURN 30. You're PUSHING 40, you REACH 50 and then you MAKE IT to 60. By then you've built up so much speed, you HIT 70!

After that it's a day-by-day thing. You HIT Wednesday, you get into your 80's, you HIT lunch. I mean my grandmother won't even buy green bananas. "Well, it's an investment you know and maybe a bad one."

It doesn't end there, into the 90's you start going backwards - you were just 92. Then a strange thing happens if you make it over 100. You become a little kid again. ..I'm 100 and a half!

Author Unknown

A Look Ahead.....

We're working with RTD to line up some activities for Spring. If you'd like to help plan activities, or help in any way, please talk to Mera Lou



A Special THANK YOU to Ron Skabo and his Denver MountainAires Barbershop Quartet for their spontaneous Singing Valentine presented to the staff on February 14, Valentine's Day. What a MARVELOUS Treat! We love you Ron!



☐ **EE Coffee Dates:** Sundays, February 19 and March 18

☐ **Have-a-Heart Dates, for The Action Center, February 2012**

✓ February 18-19: Socks and underwear

✓ February 25-26: Items for Baby, including disposable diapers

Please deposit items in the Collection Box at the Sandager Mission Cabinet



☐ **Pennies for Good** - \$101.63 (over \$50 in pennies alone.)} **Your spare change**, dropped into the large, plastic bottle next to the Sandager Mission Cabinet, has just been sent off to help AIDS orphans in Tanzania. Fifteen kids will be sponsored providing food to their foster family, school uniforms and tuition if needed. These kids are checked on by members of Arusha Road Lutheran Church. They make sure the children are going to school and are well fed. Also, \$4000 was forwarded to the Dodoma (one of the poorer regions of Tanzania) Christian Medical Center for a surgical table and other surgical needs. **The Missions Committee thanks you.**



2012 Hosting Schedule: March 25-April 1, May 27-June 3,
August 12-August 19, October 28-November 4

During our last rotation, January 8th —15th we housed, loved and fed 16 IHN guests. The guests consisted of 6 adults and 10 children. The children ranged in age from one to thirteen.

A giant thank you to all of the volunteers that made the week such a success. We continue to desperately need overnight hosts to avoid burning out the few that we have. Please!!! help if you are able.

The following is the feedback that the IHN office received from our January guests regarding their stay at our church.

Cheryl Holz, IHN Coordinator

My first impression of church accommodations and volunteers:

"it was pretty nice. I enjoyed the second church as well as the first", "everything and everyone was great!", "they were welcoming", "everyone was very kind, very involved with the kids"

What I liked most about the food:

"it was all home cooked, everything had sides, desserts and drinks", "well put together", "it filled us up!"

Suggestions about food:

"use more seasonings", "needs more seasonings"

What I liked most about staying at this congregation:

"it felt very much like home", "they made sure that the kids came first as far as eating", "very comfy!", "we got a blanket and I liked our room"

To make future things better, the volunteers could:

"let us know things before next day so we have a heads up on things"

Comments on van transportation:

"good", "always makes sure we were safe"

What will stick out in my mind most about my stay at this church:

"interacting with us", "the volunteers!", "the warm and loving people and their prayers"

The Team!

Primary Coordinator – Cheryl Holz

Food & Dinner Coordinators – Joan Young, Pat Mohrbacher

Overnight & Van Driver Coordinators – Jim & Paula Freeman

Set-Up & Move Out Coordinators – Jeff & Pat Braden

Evening Host Coordinator – Gaylene Szaltzer

Supply & Laundry Coordinators – Marcy Lloyd, Gloria Lloyd

On behalf of your Health Ministries Team and Parish Nurse
Upcoming events & information for 2012 include:

- ❖ **911:** In order to call 911 from any church phone press any outside line and dial 911. You do not have to dial “9” before dialing 911 if you’re on an outside line.

- ❖ January & February
 - Grief Support Group (6 classes)
 - Our second Grief Support group was very successful. The next Grief Support Group will be in the Spring/Summer. Watch for the dates to be announced.

- ❖ February 18, 2012
 - **Is Your House Making You Sick?**
 - Presented by Dave Volkel with Jefferson County Health Department.
 - Learn about how your home & its contents could be making you sick.
 - 10:00 AM to Noon in the Multi-purpose room

- ❖ April 2012
 - **CPR refresher course.** Date to be announced.

- ❖ May 20, 2012
 - **What REALLY Happens When You’re Admitted to the Hospital**
 - Presented by Debi Brader, LCSW
 - She will give us information and resources so we can make good decisions for our loved ones.
 - 2:00PM – 4:00 PM in Fellowship Hall

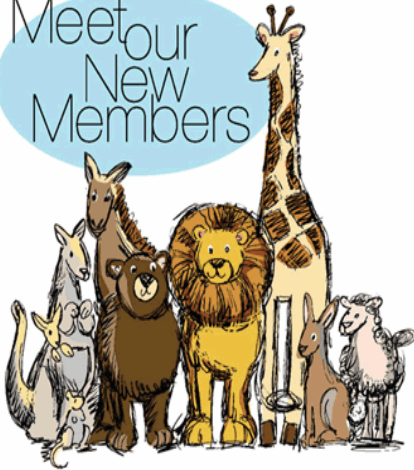
- ❖ September 15, 2012
 - **The Health Care Act, the Non-Partisan Facts**
 - Presented by Bob Semro, Health Policy Analyst, *The Bell Policy Center*
 - Back by popular demand, Mr. Semro will tell us what the bill really says and how it applies to us.
 - 10:00 AM to Noon in Fellowship Hall

- ❖ 4th Wednesday of every month
 - **Visiting Nurse Association hosts the Senior Foot Care Clinic**
 - Do you need your toe nails trimmed? Spend 30 minutes with an RN 1:1 while she trims your nails, takes your blood pressure, and reviews your meds with you.
 - 9:00-3:00 in the Library
 - Call 303-698-6496 for an appointment. Some Kaiser policies cover this benefit.

VNA Senior Wellness Clinic
Upcoming Dates in 2012, 4th Wednesdays
February 15, March 28, April 25, May 23, June 27,
July 25. August 22, September 26, October 24, November 28, December 26
9am – 3pm - Library
Open to members, friends, neighbors

An RN will be available to trim toenails, check blood pressure and pulse, review medications and answer questions. Charge for nailcare: \$25.00 (new cost as of February 1, 2011.) Appointments: 303-698-6496. Kaiser clients needing nailcare call for pre-approval.

Meet our
New
Members



Welcome to
Holy Shepherd!

Marilyn Douglas

Eric Eggar

Bill Gillette

Dave & Janet Eckersley

Michael & Deana Kolk

Mike Madsen

Del Felton

Dan Brooks, Rachel, Isaac & Anna

Ursula Schultz

Personal information deleted here due to internet security and privacy issues.



Theatre & Theology 2012 Winter & Spring Lineup ~ All tickets \$30.00, reservations & ticket purchases through Barb Stannard (303 987-8200)

Great Wall Story on March 27

On a slow news day in 1899, three Denver reporters decided to dream up a hoax. Their story: the Great Wall of China is being torn down to open up trade with the West. The reporters go so far as to check fictitious engineers into a local hotel, who purportedly were off to the Far East to secure a contract for the job. The hoax sells newspapers in Denver but threatens to get out of hand when it spreads to Chicago and New York City, where Joseph Pulitzer of the *New York World* decides to investigate. He sends his copy assistant Harriet Sparrow, originally of Denver, to her hometown to discover the origin of the story. One of the reporters must face losing the trust of his son if the truth comes out. This snappy, stylish period piece based on actual events is truly a home-town story! [Reservations due Monday, March 5](#)

Heartbreak House on April 10 by George Bernard Shaw

At an English country house on the brink of World War I, a vibrant assembly of the pampered, privileged and powerful enjoy frivolous pursuits as disaster draws near. Shaw famously mixes comedy and drama to blend up a concoction that satisfies the heart as well as the head. [Reservations due Monday, March 19](#)

**Spiritual Gifts ~
Opportunities to Share!**

- 1) **Head Usher position** - a volunteer having the gifts of organization and good people skills, to organize and communicate with the usher groups. Also arranges for funeral ushers as needed. Contact the church office for more details.
- 2) **Funeral Luncheon Ministry** - is in need of volunteers willing to act as servers during funeral luncheons. Due to the "snowbird" phenomenon and the loss of some members, the team is in need of help during the serving stage. If you can help this important outreach ministry, which so strongly supports families during times of grief and loss, please consider joining this dedicated team. Contact Mary Zafft or the church office for more information, or sign up at the display in the narthex.
- 3) **Readers - The Worship Reader Team Needs You!** We are in need of more willing faces on our team to read at each worship service. The time commitment is minimal (reading once a quarter) and there are no meetings, just reading. If you are interested in his ministry please call Barb or Mary in the church office - 303 233-2740.

Thank You!



WISH LIST

Following is the Holy Shepherd Wish List Update. If you are interested in providing a special tax deductible gift to Holy Shepherd, items listed here have been identified by council as being above-and-beyond budgeted items.

- 1) *Nikon® Coolpix® S6000 14.2-Megapixel Digital Camera*
A camera for use church-wide, to document and share Holy Shepherd
14.2 megapixels for incredible prints up to 20" x 30".
 - 7x wide-angle zoom lens delivers consistently sharp, clear images.
 - Bright 2.7" color display lets you preview and review your shots
 - Shoot 720p HD movies and play them back on your HDTV.*Cost: \$199.99, On sale often for \$140.00)*

- 2) *Three Manually Retractable Mounted Projection Screens for Fellowship Hall, Bell Choir Room and Multi Purpose Room*
Cost Estimate: \$600-\$700 each

- 3) *LCD Projector (for education and other needs)*
To be used with the retractable screens in the FH & MP rooms
Cost Estimate: \$2000

- 4) *Two wireless handheld mics*
Cost Estimate: \$500 each
(See Diane Klinkerfues or Karen Novess for specifications)

- 5) *Three wireless mics, "over the ear" style*
Cost Estimate for all three mics: \$3,000
(See Diane Klinkerfues or Karen Novess for specifications)

- 6) *Lawnmower*, The Property Committee needs a power lawnmower, in good working condition, with a minimum of 21-22" width, to replace the mower currently used by the church. Please contact Ed Schulte or the office for more information if you have a mower to donate, or if you wish to contribute toward the purchase of a new mower.

- 7) *Snowblower and Canister Vacuum Cleaner* - Vacuum cleaner (for use in the church administrative building) must be commercial grade, hypoallergenic. Please see Kat Patterson, Ed Schulte or the church office for more details

- 8) *Landscaping and Outdoor Sign* - see any council member or property committee member for details.

- 9) *15-passenger van for a variety of church functions*
Cost Estimate: \$15,000 to \$20,000

We have received a generous donation this year, to cover the replacement cost of office computers. We are prayerfully thankful for this generous-hearted member for the thoughtfulness and concern for the needs of the office and how that supports the ministry of Holy Shepherd. Holy Shepherd is truly blessed.. *Thank You!*

Domestic Violence Awareness

Sunday March 4, 11, 18

During Adult Education

Sponsored by H.O.P.E.

Healing, Outreach, Personal, Empowerment

Domestic violence is more than physical abuse. It also includes emotional, sexual, and economic abuse.

March 4 come meet the members of H.O.P.E. and how it came into existence and our mission to help Holy Shepherd and the community around us.

March 11 Chelsea Baldwin of Family Tree Women in Crisis will present the different types of abuse, community resources on how to help those in need.

March 18 Detective Karen Turnbull of the Major Crimes Unit of the Lakewood Police Department will present what happens when 911 is called along with victims advocacy programs.

Come, listen, learn and be aware of how you can promote healthy relationships around you.



**Church + Staff phone +
extension numbers,
email addresses**

March 2012 Birthdays

Office Phone (303) 233-2740
Fax (303) 274-6725
email: office@holyshepherd.com
website: www.holyshepherd.com

Personal Information deleted here due to internet security and privacy issues. Contact the office for birthday list information.

Pastor Rick Thompson ext. 107
pastorrick@holyshepherd.com
Pastor Michael TeKrony ext. 109
mtekrony@holyshepherd.com
Karen Novess, Ministry Partner,
ext. 101 knovess@holyshepherd.com
Barb Suder, Parish Nurse..... ext. 103
barb.suder@holyshepherd.com
Barb Newman, Office Manager
ext. 102 barb@holyshepherd.com
Mary Biefel, Secretary ext. 108
mbiefel@holyshepherd.com
Dana Anderson, Organist
Dave Gleason, Director, Chancel & Bell Choirs
..... glea7149@hotmail.com
Ron Skabo, Director, Prime Time Choir
..... rskabo34@msn.com
Joy Folkvord, Director, Kids of the Kingdom &
Kids for Christ Choirs
Diane Klinkerfues, Director, Praise Team
Fellowship Hall/Kitchen..... ext. 201
Basement/Kitchen..... ext. 202
Nursery..... ext. 203
Kat Patterson, Custodian..303-233-2740



**Library Update
Used Book
Sale, Last of a
Kind**

The recent, and final, used book sale has been concluded.

Unfortunately, we are no longer able to accept your donated books, as there is no longer staff available to accept the books or organize and hold the book sale.

Please consider donating your used books to your local Jefferson County Library branch, the Action Center (formerly Jeffco Action Center,) a nursing home or senior center, or donate them to a thrift store of your choice. Thank you.

Elected Leaders



Visioning Team – Sue Benson, Jim Freeman, Mark Johnson, Bob Patterson, Gaylene Szaltzer, Becky Trump

Del Holz – **President**
Kevin Klinkerfues – **Vice President**
Pam Senneff – **Finance**
Jackie Johnson - **Personnel [re-named]**
Secretary –vacant

Trust Committee- – Shirley Bradsby, Pat Braden, Ray Johnson, Lynne Price



Holy Communion

Saturday 5:30pm Traditional Service
Sunday 8:00am Traditional Service
& 10:45 am Contemporary Service

The Prayer Chain . . .

. . . is here to support you in prayer. Please phone or email your prayer requests to: Dorothy Haldeman @ work: 303-384-6951, or Harriet Truman, @ 303-237-2309 or @ ahtruman@mailstation.com



--- NEWSLETTER DEADLINES ---

2012 Submission Dates of Articles and Calendar Items
March 14, April 11, May 9, June 13, July 11, August 8,
September 12, October 10, November 7, December 12
2012 Mailing Dates

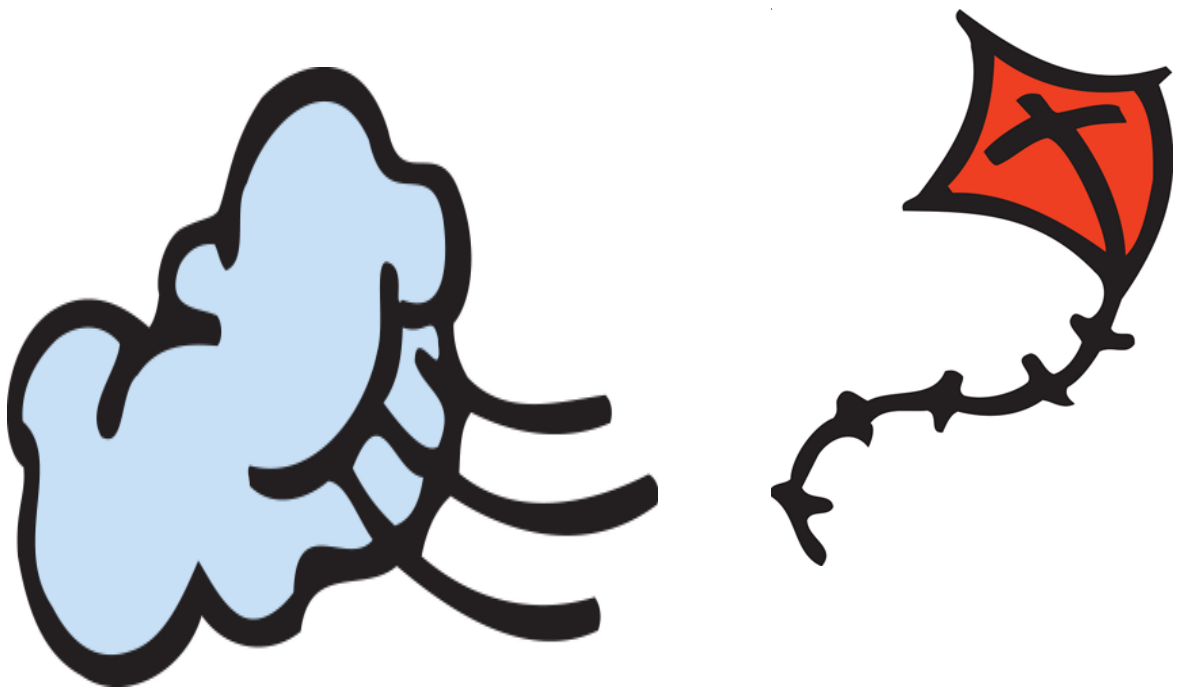
March 21, April 18, May 16, June 20, July 18, August 15,
September 19, October 17, November 14, December 19

*Holy Shepherd Lutheran Church
920 Kipling
Lakewood CO 80215*

CHANGE SERVICE REQUESTED

*Time Value -- Mailed Wednesday,
February 15, 2012*

Non-Profit Org.
U.S. Postage
PAID
Golden, CO
Permit No. 807



February ~ March 2012